

On the Road Again South Africa

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Ah ... Africa!

Growing up, Africa was a continent on the other side of my desk globe. I never imagined traveling there. Now, I cannot imagine a year without experiencing this amazing continent.

Proudly portraying itself as the “Rainbow Nation”, South Africa is a diverse and beautiful country, boasting 11 official languages. While English dominates in most business and tourist areas, moving out of those areas brings new meaning to language, with an array of sounds and clicks.

We ask the question, when? They answer “now”, “just now” or “now-now.” All mean some uncertain time in the future. This tends to test our patience.

Driving on the left side of the road takes concentration, at first, especially with left-hand shifting, steep city streets, roundabouts and robots (traffic lights). Ray has mastered the challenge, while I prefer to let Ray drive and help navigate with the GPS.

I love the southern sky, where the constellations viewed in the northern hemisphere appear upside down, backwards or doing cartwheels. Starry skies are the norm where we live by the ocean on the Cape Peninsula. A stunning sight to behold!

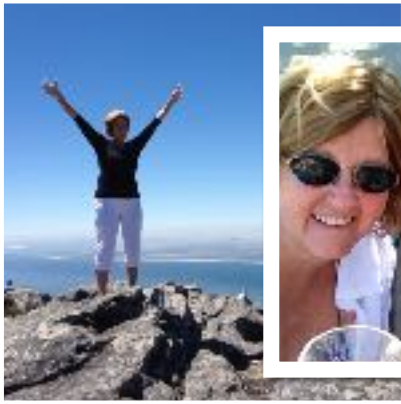
With diversity in culture comes a plethora of culinary specialties. Bunny Chow, Bobotie, Pap, Potjiekos, Biltong and Mielie-meal, all need explanation. Our favorites are the red meats of Ostrich, Spring Bok and the best Beef Filet we’ve ever tasted. Delicious fish of Kingklip, Hake and Snoek melt in your mouth.

The scenery in Cape Town and the Cape Peninsula is stunning. It’s predominant landmark Table Mountain is flanked by Devil’s Peak on one side and Lion’s head on the other.

If you’ve travelled to South Africa, the above information is superfluous, if not, you may want to add it to your “think about” travel destinations. You will then know, why we love it so!



VISITORS TO SOUTH AFRICA



Diane atop Table Mountain

Diane Collett

What an absolute delight to have Gay's sister join us in South Africa for three weeks.

Diane and Gay had a fabulous safari adventure and explored this amazing country from Johannesburg to Cape Town.

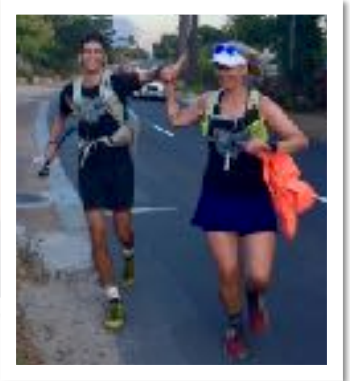
We became a threesome in Cape Town and Ray was happy to put on his chauffeur hat for all the local sights as well as a trip through the Karoo to the Eastern Cape.

We are grateful Diane was able to witness "Pathway for Life" at the University of Fort Hare. It was an honour to introduce her to our students and they loved meeting her.

Chris Dwyer & Susie Crossland-Dwyer

Ultra-marathoners Susie & Chris spent a week with us, as part of their amazing journey, running 6 ultras, on 6 continents, in 6 weeks. Wow, what a dream ... and they did it!

We had never met them but were introduced to their Blog inhabittoday.com a year ago, by a mutual friend. They were such a delight to get to know, share lives together, witnessing their passion, strength and endurance with the 5th ultra.



Tim & Cindy Streck

Mercer Island Church friends, and mission partners Tim & Cindy arrived the morning Susie & Chris left. We invited them last July, when we were back in Seattle, and they surprised us by making airline reservations the next morning.



They were with us two weeks and joined both "Pathway for Life" and "Beyond the Path" presentations at the University of Western Cape.

They have been part of our journey since we joined them in China 7 years ago.

To read Ray's blogs: ["Fruit of the Vine"](#) and ["Serendipitous Death"](#) [Click here](#)



University of Fort Hare
Together in Excellence

University of Fort Hare PATHWAY FOR LIFE

The village of Hogsback in the Amatola mountains is home for 10 days while facilitating "PFL" at UFH.

Viv, our host, at Maylodge makes sure our cottage is equipped with our every need.

During the 30+ minute commute to the University, we take in the stunning scenery with an occasional diversion to wait for the cattle to move off the road.

Professor Maya Van Gent, Human Movement Science Department at UFH has faithfully arranged our time at UFH since 2014.



Face to Face Communication Skills



Freshman - Human Movement Science (HMS) major

Freshman Students arrive early to class, and seemingly eagerly await the adventure in store with PFL. They had no idea!



The theme of "PFL" Lesson 1 is Identity - answering the question "Who Am I?"

Pondering this prompts students to think about and celebrate the special and unique individual they are.





UNIVERSITY of the
WESTERN CAPE

PATHWAY FOR LIFE AND BEYOND



Center for Student Support Services
Arnold, Sarita, Garth (Manager),
Monique is absent



Tim & Cindy joined us for "PFL" Class of 2017 at UWC

We are pleased to partner with the Center for Student Support Services in assisting UWC students with leadership skills.

Sarita - 2016 "PFL" grad, and intern at UWC-CSSS handled the administrative details and attended the "PFL" classes to insure smooth delivery.

Thank you Sarita!

We invited our "PFL" grads to join us as graduate assistants. Khanyisile accepted the challenge.



BEYOND THE PATH

"PFL" grads take it to the next level in 2017!



Students practice public speaking and social skills by introducing a classmate to the rest of the class.



An enthusiastic group of 2014-16 "PFL" grads take it to the next level in "Beyond the Path"



Students are briefed in various leadership styles and ponder the concept of servant leadership

IT'S ALL ABOUT RELATIONSHIPS



Common Ground, our Cape Town church family, meets in a giant marquee in a lovely park surrounded by the beautiful Constantiaberg Mountains.

Imagine our surprise when we arrived Sunday morning to an interview with Steve Gladden, Small Group Pastor of Saddleback Church in Irvine, California, USA!



It is always a joy to connect with Tonia Overmeyer, our advocate and former host at UWC for PFL.

She is now Dean of Students at Stellenbosch University. Congratulations Tonia!

John Goatley, our fabulous host/owner of Ocean Golf Guesthouse, Noordhoek, SA. His motto is "no problem", everything has a solution! He and his wife Hazel, world famous artist of London, UK, have become great friends.



A rigorous and inspirational talk on reconciliation and social justice by SA friends Brian & Minah. Much discussion ensued over brunch.



Ladies who do lunch!
Colleen, Eke, Hazel and Gay enjoy a sunny afternoon at a favorite spot in Noordhoek.



A fun and rewarding day volunteering at a school in Hout Bay with Colleen, Tim, Cindy and school librarian



Ray & Gay Summer Schedule

June & August - Ontario, Canada
July - Seattle area, U.S.A.